

Adjusting a ROHO® Mattress Overlay

Six steps to successful adjustment

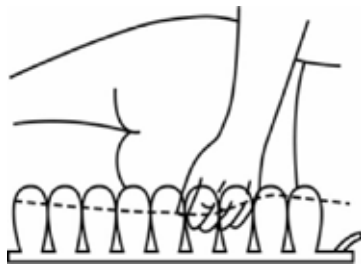
Set up the overlay and place on the mattress as per installation instructions

- 1 Join the mattress sections together and roll the patient onto their side

Adjusting pelvis and shoulder sections

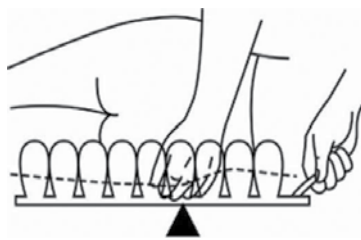
- 2 Slide your hand palm side down under the trochanter (hips) between the lowest bony prominence and the mattress

- You may find it easier to locate the bony prominences before you roll the patient onto their side



- 3 Release the valve to deflate the section allowing immersion into the mattress until your hand is about 15 mm from the base.

If the pelvis spans two mattress sections simply adjust the two sections.

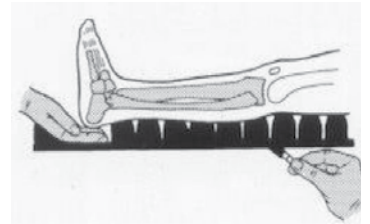


- 4 Repeat the process for the shoulder section.



Adjusting the heel section

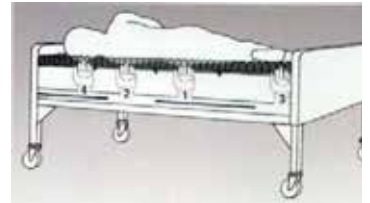
- 5 Roll the patient onto their back and, as above, adjust the heel section.



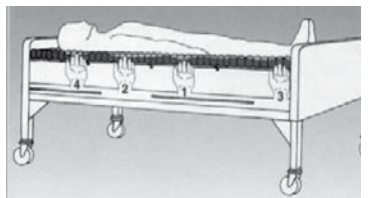
- 6 Double check the sacral area is not touching the base of the mattress.

In review:

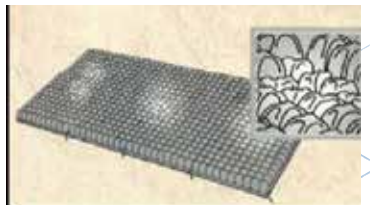
- Adjust air in lateral position (on their side)



- Check in supine (on their back) that bony prominences have air between them and mattress base.



- Once adjusted 'contouring' will appear when a patient gets off the system. 'Contouring' is normal. Do not adjust air unless patient is less than 15mm from the base.



- Leave bed linen loose so patients can sink into the mattress.
- Place pillows and positioning bolsters under the mattress (and therefore under the overlay) for maximum benefit.
- Do not use the mattress cells as a handle as this could cause damage.
- Remember 'in' it - not 'on' it